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April 2015 Volume 6, Issue 4

Upcoming Events:

- Choir Practice
April 8, 7pm
- Breakfast Sunday
April 12
- Choir Practice
April 15, 7pm
- Heart and Hands
April 18, 1-3pm
- Vestry Meeting
April 19, 11am
- Earth Day
April 22
- Choir Practice
April 22, 7pm
- Life Line Screening
April 24, 8-5pm
- Choir Practice
April 29, 7pm
- Breakfast Sunday
May 3
- Choir Practice
May 6, 7pm
- Choir Practice
May 13, 7pm
- Vestry Retreat
May 15-16
- Rogation Sunday
May 17

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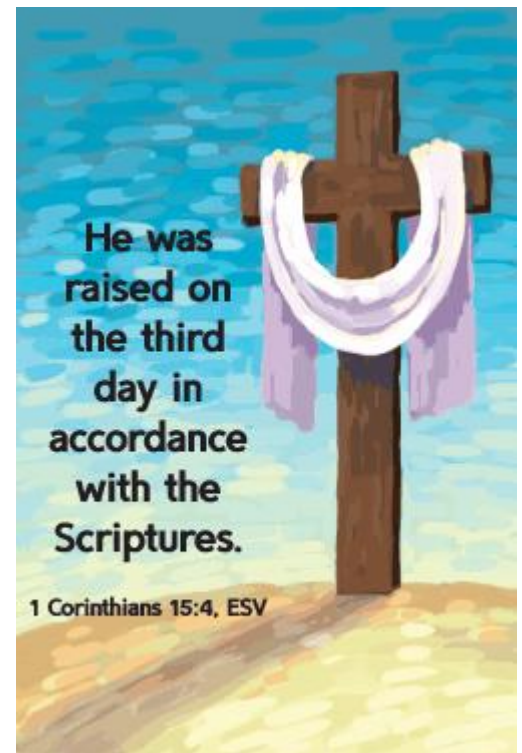
PRIEST'S PAGE

Dear Friends,

Happy Easter!
Happy Easter and Happy Spring to you all. It's been another long and cold winter, and the small signs of this reluctant spring have been most welcome. Easter seems to make the world more spring-like, I think, and the gift of Resurrection is always echoed in the world around us. We are given new life and assured that this life is forever; different locations perhaps, but never ending. All that is good and holy, loving and life giving will always be with us, and will be with us when the trials and tribulations are long gone. That's the promise of Resurrection Sunday – life in the presence of God forever. And for right now – all the beauty and the good that surrounds us; all the people we love and who love us; all the goodness of God's good creation – these all give us hints of the beauty of God and tiny hints of the glory we will know. God is good, indeed!

Be blessed and live
in peace and joy-

In peace,
ML+



WARDEN'S WORDS by Lee Silverstrim, Junior Warden

The CECX building and Grounds committee met on Sunday, March 29 after worship. Issues discussed and updated:

Heating system update. New controls to automate control are working well. Only issue still to be worked is reprogramming the thermostats to reflect the end of the Homeless Shelter. Lee Silverstrim called Hauck and reprogrammed the controls on the Monday after the meeting.

A fan was installed in the bathroom near the community room. Our thanks to Chris for completing this project. People are asked to turn off the lights/fan when the bathroom is not in use.

Six more items (red tag and verbal) were discussed and members of the committee took responsibility to resolve. Thanks to all members for their care for our lovely facility.

GREEN TEAM



Tanya Ellenburg-Kimmet

Earth Day 2015 – April

22nd, 2015

What is Earth Day? It is a day first celebrated 45 years ago to help bring awareness to environmental concerns. The first Earth Day was held on April 22, 1970. At that time, 20 million Americans shared “their concerns about each citizen’s critical role in the environment.” (1) These actions led to the creation of the EPA and the passage of the Clean Air, Clean Water, and Endangered Species Act.

What are ways you can celebrate Earth Day? Plan to set up a garden. Plant bee and butterfly friendly flowers. Set up or reevaluate your recycling plan. Use reusable bags when you shop. Reduce plastic use. Walk instead of drive. Seek ways to not use electricity. Turn off faucets when brushing teeth and reduce shower times.

Hang laundry out instead of using the dryer. Use soaps that are ecologically friendly. Use reusable cloths instead of napkins, paper towels, etc. Use reusable dishware instead of disposable.

Should you only do these things on Earth Day? No. Endeavoring to be sustainable is a lifelong commitment. Earth Day is just the day set aside to focus the communities on the celebration of doing sustainable projects.

For more information:

(1)<http://www.climateeducationweek.org>

(2)<http://www.earthday.org/2015>

ONE TO ONE CLOTHES CLOSET— JoAnne Earley

We are known as a caring, giving church that serves our community. Our homeless winter shelter amazes many people in our community. They say they don’t know how such a small church can provide such a huge service. Our Share One-to-One clothes closet is another example of how we attempt to meet the needs of some in our community.

Our neighbor just up the street, the Xenia Adult Recreation and Services Center, also strives to meet the needs of many in our community by providing transportation to and from dialysis treatments, doctor appointments, hospital trips, etc.

They also provide meals to seniors who are unable to cook for themselves or go out to eat. There are currently 7 meal routes. The meals are prepared right at the center, packaged and delivered five days a week to those individuals. Last year 26,977 meals were delivered.

Some of those meals are delivered by volunteers. Others are paid drivers. Mileage is paid to some or a free meal up to \$4 to others. You can work out the details with Angela Glenn at the center.

The bottom line is that they are desperately in need of one day a week drivers, substitute drivers and full time drivers. Husband and wife teams work well or individuals by themselves. They have both.

If you would like to give of yourself and your time, or if you know of a friend, neighbor or relative that would be interested in “making someone’s day” by giving as little as 2 hours a week, please contact the XARSC @ 376-4354. It is a very worthwhile and rewarding gift of your time. You may be the only human being that person sees all day/week. Take it from one who delivers meals every Friday.



Clothing Closet



STEWARDSHIP & THANKSGIVING — Becky Gentry

“Stewardship is living out our lives with the belief that all we are and have is God’s, entrusted with us to share.”

By JR Lander

Stewardship
Giving Thanks - Taking Care



After a very harsh, cold winter, we are all looking forward to Spring. – warm air, green grass, budding trees, blooming flowers. These are all part of what God has entrusted to us, His stewards - the care of this earth He has created. To me, no other time in the year brings this to mind better than Spring with the earth reawakening. We need to care, not just for our own little patch of ground – but for this entire country, this hemisphere, this world! God, in His love, has given us many gifts - this planet is a gift, our families and friends are gifts...but there is no greater gift than the gift Jesus Christ gave us – eternal life. What a gift to share!!!

Becky Gentry

Baked Mac and Cheese (contributed by Tanya Ellenburg-Kimmet)

- 1 package of shaped pasta, cooked to directions
- 1 package of shredded Cheddar
- 1 package of shredded Colby
- 1 package of shredded Monterrey
- 1 small carton of heavy cream
- 1/2 cup bread crumbs (optional)

Preheat oven to 325, place 1/2 pasta in 9x12 casserole dish.
Sprinkle 1/2 of each cheese on top. Pour half of the cream over it.
Layer rest of the pasta on top, put rest of cheese on top, pour cream over it. Cook in oven for 20-30 minutes. Sprinkle breadcrumbs on top after 20 minutes (optional) and bake for the remaining 10 minutes.

Want to share a recipe... send it to cecxtanya@gmail.com



BIRTHDAYS & ANNIVERSARIES FOR THE MONTH OF APRIL

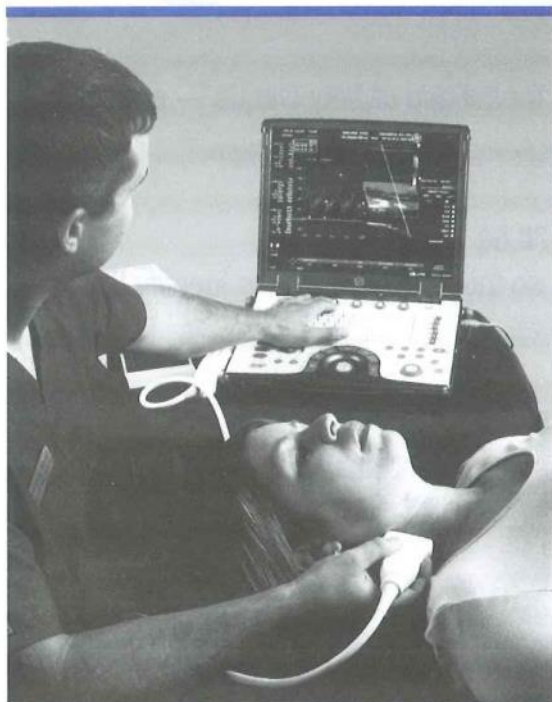
- | | |
|--------------------|--------------------------|
| 07 Caedan Nieves | 03 Kathy & Bob Geyer |
| 08 Lily Thomas | 13 Camilla & Tyson Davis |
| 10 Jack Kitch | |
| 12 Barbara Bonham | |
| 13 Vikki Carter | |
| 21 Bill Huddleson | |
| 29 Faith Patterson | |



The next Vestry Meeting
will be April 19th - the
third Sunday of April.



Early Detection is Key to Prevention



Life Line Screening ultrasound technician performing a carotid artery screening to look for fatty plaque buildup.

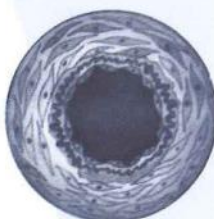
PREVENTIVE HEALTH SCREENINGS CAN DETECT YOUR RISK FOR SERIOUS DISEASE

A stroke occurs in the US every 40 seconds, yet 80% of strokes can be prevented.¹

1 in 3 with diabetes don't know they have it.²

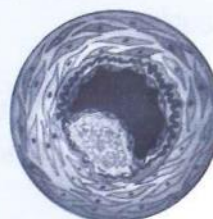
Heart disease is the #1 killer among adults in the US, but heart disease is preventable and controllable.³

What's Inside Your Arteries?



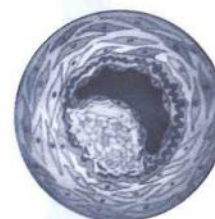
NORMAL

Blood flows easily.



MODERATE

Blood flow reduced.



SIGNIFICANT

Blood flow is halted.

¹Source: National Stroke Association

²Source: US Department of Health and Human Services

³Source: Centers for Disease Control and Prevention

A Stroke Screening is Coming to Your Neighborhood:

Join the nearly 8 million people who have been screened. Appointments are limited, register today.



Premier Health

Where: Xenia - Christ Episcopal Church

Sponsored By: Premier Health

When: Friday, April 24, 2015

Pre-registration is required. Call: 1-888-653-6450

Premier Health is your FIRST choice for heart and vascular care. Attend a Premier Health and Life Line Screening event by participating in one of our wellness education and screening programs.

Premier Health operates four hospitals, Miami Valley Hospital, Good Samaritan Hospital-Dayton, Atrium Medical Center and Upper Valley Medical Center.

To register for your appointment and to receive a special \$10 discount, please call 1-888-653-6450 or visit www.lifelinescreening.com/community-partners

If you are not on the email mailing list or not receiving emails, email Tanya at cecxtanya@gmail.com. Make sure any spam filters allow email from cecxlist@googlegroups.com and cecxtanya@gmail.com

Submissions:

Anyone who wishes to submit anything for the Trumpet should do so ASAP. **Deadline for submissions is April 20th.** Submit information by hand to Tanya or by emailing it to cecxtanya@gmail.com.





Meetings and Upcoming Events

Life Line Screening will be done at CECX on Friday, April 24, from 8 am – 5 pm. See bulletin board in Parish Hall.

Confirmation class: The next Confirmation class is Sunday, April 26, after church.

Meetings: Heart and Hands – Saturday, April 18, 1 – 3 pm

Red Tags – If you see anything in the Church that needs attention, please fill out a Red Tag (in the back) and put it in Lee Silverstrim's mailbox.

Dayton Episcopal Food Pantry needs volunteers every 3rd & 4th Saturday from 9-11:30 am. Located at St Andrew's Episcopal Church. See flier in front pew.

Breakfast Sunday this week, April 12

Rogation Sunday, May 17: service will be held at Hudson's new house/mini-farm. Please join us in celebration. Bring along boots for walking the property.



Our Shelter Guests say "Thank You!"

The Emergency Shelter guests went out of their way to express their thanks to Christ Church; their gratitude for the warmth, support and meals they need to get them through the winter. In return, they set up the Parish Hall with flowers and candles and tablecloths, and cooked a breakfast with everything from pancakes to bacon to scrambled eggs. Several guests spoke, and both Carol Conway, Shelter



Coordinator, and Mother Lynn were given plaques and roses. The morning was a complete surprise, and most significant was the fact that our guests pooled their very limited resources to supply the breakfast.

We don't do what we do for the "Thank You", but it was a wonderful gift to a church that works hard to see the face of Jesus in everyone.



What in the world is Rogation Sunday?

Rogation: from the Latin *rogare*, to ask



In olden days on Rogation Sunday the local priest, parishioners, ministers and acolytes would walk the bounds of the parish - called "beating the bounds." As they walked, they prayed for God's protection on the parish and its people, on the planting and the seed, and on the fields and the crops, that the harvest would be good and plentiful.

This ancient practice dates back to the mid-5th century, and it grew over the years until it became common by the 8th century.

The Rogation Liturgy and Procession changed from time to time, and eventually began to die away. In our time it has been reclaimed as a way to demonstrate our stewardship and care of the earth, and to ask God's blessing. Rogation liturgies are celebrated everywhere, and often take place in rural areas where the people can bless the fields of local farmers and pray for God's protection.

When is Rogation Sunday? We will celebrate Rogation Sunday on May 17th.

Where?

Jenny and Chris Hudson have invited Christ Church to their homestead outside of Yellow Springs, so that we may bless the surrounding fields and farms with them.

What will we do?

We'll gather at 2 PM at the Hudson's, process, pray, bless, sing and celebrate Holy Eucharist. Then we'll share our potluck dinner and enjoy the blessings of God's earth and God's people.

How will we get there?

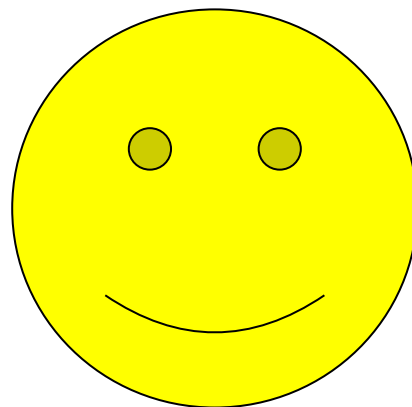
Carpooling will be arranged. Drivers who want to drive will drive, and riders who want to ride will ride. There will be room for all.



May 17th
Rogation &
Holy Eucharist
Hudson's home
2 PM - Carpool
Bring your favorite
potluck dish!



Children's Corner



For those who are young, those who think they are young, those who feel young at heart, and those who aren't any of the above (nobody's looking... Have some fun!)

PUZZLE

OUR HOPE

Romans 8:34 tells about our risen Lord, who gives us hope.

Directions: Write the phrases on the correct numbered lines below. Then, on the final row of blanks, write the bold capital letters in order from top to bottom, left to right, to spell the word that sums up this verse.

5 who was R aised	8 R ight hand	6 T o life
3 d iEd	4 m o R e than that	7 I s at the
2 J e S us who	11 i nt E rceding	9 O f God
12 f or U s	1 C hrist	10 a nd is also

... 1 _____ 2 _____ 3 _____

4 _____ 5 _____

_____ 6 _____ 7 _____

_____ 8 _____

6 _____ 10 _____

11 _____ 12 _____ *Romans 8:34, NIV*

RESURRECTION

ANSWERS: ... Christ Jesus who died — more than that, who was raised to life — is at the right hand of God and is also interceding for us. Romans 8:34, NIV



Bible Quiz

Who rebuked people for bringing their children to Jesus?

- A. The religious leaders
- B. Jesus himself
- C. The disciples
- D. Roman soldiers



Answer: C (See Mark 10:13.)

Service Calendar, April 2015

Ministry	4/5	4/12	4/19	4/26
Worship Leader	ML Easter	ML	ML	MP - Barbara
Altar Guild	Ruth/Tanya	JoAnne, Becky	Dana/Pam	Ruth/ Tanya
Lector	Barbara (1) Tommy (2)	Debbie (1) Ruth (2)	Mark (1) Pam (2)	Nancy (1) Becky (2)
Ushers	JoAnne (u), (g) Doug	JoAnne (u), (g) Elizabeth	Brad (g), Rick(u)	Rick/Brad
Intercessor	Rick	Doug	Mark	Dana
Chalice	Kim	Barbara	Pam	n/a
Eucharistic Visitors	-----	Jenny (Faith)	Dana (Bill)	n/a
Healing Prayer Ministers	Debbie, Ruth	JoAnne, Doug	Pam, Mark	n/a
Vestry Member of the Week	Maxine	Pam	Doug	Barbara

Service Calendar, May 2015

Ministry	5/3	5/10	5/17	5/24	5/31
Worship Leader	MP	ML	ML	ML	MP
Altar Guild	JoAnne/Becky	Dana/Pam	Ruth Tanya	JoAnne/Becky	Dana/Pam
Lector	Pete (1) Tommy (2)	Barbara (1) Debbie (2)	Ruth (1) Pam (2)	Becky (1) Mark (2)	Tommy (1) Nancy (2)
Ushers	Rick (g) Brad (u)	JoAnne (u) Doug (g)	Clariss (g) Tommy (u)	JoAnne (g) Doug (u)	Rick (u) Brad (g)
Intercessor	Rick	Doug	Barbara	Ruth	Debbie
Chalice	_____	Rick	Debbie	Ruth	_____
Vestry Member of the Week	Dana	Lee	Tanya	Carol	Mark
Eucharistic Visitor	-----	Jennie	-----	Dana (Bill)	-----
Healing Prayer Ministers	-----	Pam & Ruth	JoAnne & Doug	Mark & Debbie	-----

We now have 2 Lectors do the readings: #1 will read the Old Testament, we sing the Psalm, #2 will read the New Testament. Also, we now have 1 usher and 1 greeter.

